Sample Assignment (Creating a Treatment Plan and Goals for a Swallowing Patient)

The purpose of this sample assignment is to demonstrate how I use the backward design framework to formulate an assignment that clearly articulates learning outcomes and then successfully enables students to achieve said outcomes through the completion of a specified task. This assignment is presented in the latter portion of a graduate-level course targeting dysphagia/swallowing and incorporates the use of previously learned knowledge to perform relevant functions that translate to real-world practice. The assignment also includes a grading rubric that aligns with the learning outcomes.

Learning outcomes:

- Develop an appropriate dysphagia treatment plan with adequate rationale when given the results of a Modified Barium Swallow and Bedside Swallow Evaluation.
- Create measurable and attainable goals for the patient that align with a treatment plan.

Instructions:

- Review the provided results of patient XX's Modified Barium Swallow and Bedside Swallow Evaluation.
- Use the information provided to create a treatment plan for patient XX. Your treatment plan should include the etiology of the swallowing disorder, predicted prognosis for the patient following the course treatment, and the planned interventions with supporting rationale. The treatment plan should be written in narrative form and be no more than 500 words.
- Create 3 short-term and 2 long-term goals that align with your treatment plan. The short-term goals should be appropriate for patient's level at the time the swallow studies were performed. The long-term goals should predict the desired outcome(s) for the patient. Goals should be measurable and attainable for the patient.
- Your submission will be scored according to the following rubric (18 points total):

	Very poor	Poor	Satisfactory	Very good
Treatment Plan Treatment plan includes etiology of swallowing disorder, predicted prognosis, planned interventions, and appropriate rationale. Answer falls within the prescribed word count. (Max. 500 words)	No submission. OR Student fails to include any elements of the treatment plan. (0)	One or two key elements of the treatment plan are missing. OR Answer exceeds the prescribed word count. (3)	Treatment plan includes all prescribed aspects and is mostly aligned with the specific patient. (6)	Student has created a thorough and accurate treatment plan that includes all prescribed elements. (9)
Goal Creation Goals align with treatment plan, are appropriate for patient's level, are measurable and attainable, and predict desired outcome (s). 3 short-term and 2 long-term goals are included.	No submission. OR The goals do not meet any of the specified criteria. (0)	One or two of the criteria are missing. OR The amount of goals is not met. (3)	Number of goals is met, and goals grossly align with all of the specified criteria but are generally vague, set too high or too low, or are not patient-specific. (6)	All aspects of all goals are included. Goals are patient-specific, clear, and well thought-out. (9)

• As a clinical educator that supervises graduate speech pathology students in their clinical rotations, I am given the unique opportunity to identifying gaps in knowledge. One of the biggest breakdowns I have found in graduate level swallowing/dysphagia (swallowing disorders) courses is training students how to utilize information presented to create appropriate treatment plans for patients with swallowing disorders. The purpose of this assignment is to combat this frequently occurring gap in our courses. Synthesizing information from swallowing assessments and creating treatment plans for patients is something speech pathologists frequently encounter. Similarly, all speech-language pathologists, will be required to develop treatment plans with goals that are appropriate, align with the plan, and are measurable and attainable. In completing this assignment, students will learn how to navigate through